

SETTING PROCEDURES

- for NON-CALENDAR models

POSITION 1

- This is the normal running position.

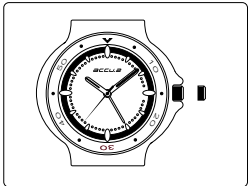
POSITION 2

- **Setting the time**

Gently pull the Crown out from the normal running position. Turn the hands forward to the correct time.

NOTE

When the Crown is in this position the battery is disconnected. The Second hand will not start moving until the Crown has been returned to Position 1.



ELECTRO-LUMINESCENT MODELS: EL

Electro-Luminescence is state-of-the-art technology which allows you to read your watch under any lighting conditions.

- To operate depress the Push Button. The E L display is automatically turned off 1 sec after the Push Button is released.

IMPORTANT NOTE

- The battery life will be affected by the number of times the E L display is operated; based on typical use of 2-3 times a day, the battery life expectancy is 2 years.
- To set Time and Date, refer to the first two pages of this booklet.

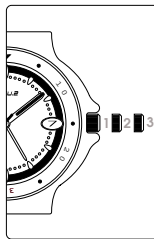
SETTING PROCEDURES

FOR CALENDER MODELS

POSITION 1: NORMAL RUNNING POSITION

POSITION 2: CALENDAR CORRECTOR

Gently pull the Crown out to position 2 (one click from the running position). To adjust the date turn the Crown anti-clockwise, clockwise to adjust the day. Once the date/day has been set, return the Crown to the normal running position.



IMPORTANT NOTE

The Date will start to change at 11.25 p.m. and complete its change by 12 o'clock midnight. The Day will start to change at 12 o'clock midnight and complete its change by 4a.m. Day/Date models have Bi-Lingual Day settings; if you select English, the watch will continue to display in English.

POSITION 3: SETTING THE TIME

Gently pull the Crown out from the running position (two clicks), and then turn the hands forward to the correct time.

Note: When the Crown is in this position, the battery is disconnected. The Second hand will not start moving until the Crown has been returned to Position 1.

SETTING PROCEDURE FOR ALARM MODELS

- Gently pull the Crown out to position 2 (one click from running position). To adjust the alarm indicator hand, turn Crown clockwise to the required setting.

- To switch alarm on, gently pull out Alarm On/Off Button. The alarm will run for 15 seconds, before automatically switching itself off.

After 2 1/2 minutes, the alarm will automatically repeat for a further 15 seconds before switching itself off.

- To switch alarm off, depress the Button.
- To set Time and Date, refer to the first two pages of this booklet.

KEEP YOUR WATCH CLEAN

- It may become difficult to pull out the crown due to dirt and dust getting caught between the crown and the watch case when the watch is worn for long periods of time. To help prevent this from happening:
 - Turn the crown freely back and forth occasionally, while it is in the normal set position.
- Wipe off any water and moisture that adheres to the case, glass and band with a soft, clean cloth. Any dirt left on the case or band may cause skin rash. A watchband will easily become soiled with dust and perspiration because it is in direct contact with the skin. Even a stainless or gold-plated band may corrode, if it has not been cleaned for a long period of time.

Mesh bands, because the meshes are very fine, will lose their 'flexibility', if they are left soiled for a long time. Metal watchbands should be washed periodically to keep them looking pristine at all times. Metal watchbands are usually washed with a brush in mild, soapy water and well wiped with a soft, absorbent cloth to make sure all water is removed.

- Pay attention to prevent any water from getting inside your watch when the band is washed.

AVOID TEMPERATURE EXTREMES

- Avoid leaving your watch in direct sunlight or in extremely warm locations for long periods of time: this will cause malfunctioning and shorten the life of the battery.
- Do not leave your watch for long periods of time in extremely cold places: this may cause your watch to gain or lose time.
- Place your watch on your wrist to restore its original accuracy, should it begin to gain or lose time.

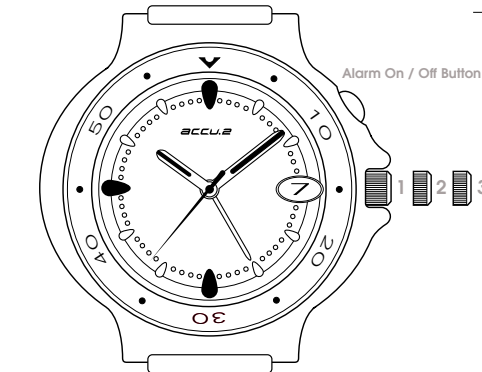
AVOID WET CONDITIONS

- Do not operate the buttons when your watch is wet, even on models marked 'water resistant'

AVOID STRONG SHOCK

- This watch will withstand the bumps and jars normally incurred during sports activities.

Avoid dropping your watch on the ground or otherwise imparting severe shock to it.



INDICATIONS ON DIAL OR CASEBACK

WATER - RELATED USES

WATER - RELATED USES

Indications on Dial or Caseback	Water - Related Uses	Water - Related Uses	Water - Related Uses	Water - Related Uses	Water - Related Uses	
Dial	Caseback	Light spray, Perspiration, Light rain, Bathing, etc	Swimming etc	Skin diving without air tank	Scuba diving: diving with air tank	Pulling out crown when watch is wet
-	Water Resistant	OK	X	X	X	X
Water Resistant 50m (5 bar)	Water Resistant 50M	OK	OK	X	X	X
Water Resistant 100m (10 bar)	Water Resistant 100M	OK	OK	OK	X	X
Water Resistant 150m (15 bar) and deeper	Water Resistant 150M	OK	OK	OK	OK	X

- "WATER RESISTANT" MAY SOMETIMES BE ABBREVIATED AS "WATER RESIST" OR "WR"
- NEVER PULL OUT CROWN WHILST WATCH IS WET
- ALWAYS SET THE CROWN IN THE NORMAL POSITION

- TIGHTEN SCREWLOCK CROWN COMPLETELY
- WATER RESISTANCE IS NOT A PERMANENT PROPERTY. WE STRONGLY RECOMMEND YOU RETURN YOUR WATCH FOR RESEALING EVERY 2-3 YEARS AND / OR WHEN CHANGING BATTERIES